SayCheese | by Laura Emery, Field Editor

e want to see your endearing, funny or beautiful photos — shots of people (kids to grandparents), animals and beautiful scenery. Send to: **Say Cheese**, P.O. Box 2340, Glen Allen, VA 23058-2340. Don't send originals; photos cannot be returned. Photos must be high resolution and printed on photo paper; or high-resolution .jpg files may be emailed to

saycheese@co-opliving.com with SAY CHEESE in the subject line. If you've got a photo you'd like for us to share with other readers on our **Facebook** page (not a submission for the print column), feel free to post it at www.facebook.com/ cooperativeliving. **Include your name, address and detailed information about the photo with all submissions**.

Life's a Beach



▲ POOPED POOCH It's been a "ruff" day at the beach for this goldendoodle, Finnagan. "Finn was worn out and had to take a break from swimming," according to owners Bill and Lynn Rollings.



▲ EYE LOVE THE BEACH Doug Puffenbarger gets creative, capturing the image of his son and daughter-in-law, Brad and Skyler Puffenbarger, in a pair of reflective sunglasses.



▲ DOUBLE BUBBLE Hope, 8, and David, 2, give their best sub-aquatic smiles for mother Justina Anderson.



▲ WAVE JUMPER Cheyenne, 10, is beyond excited to be at Virginia Beach. Submitted by her mom, Melissa Davidson.



▲ BEACH BUM "After swimming around like crazy, Folly got tired and decided to take a little nap in a beach chair," writes Danielle Covatta.



▲ BUCKET LIST If a 3-year-old could make a bucket list, a trip to the beach would surely be on it. Avery, 3, enjoys her first trip to the beach. "She adored it," writes grandmother Deborah Warren. ■