



These 9 shoes may be okay, but their heel height and construction may hurt your feet.



If you're in doubt as to whether a pair of shoes are appropriate, try this test: Put the shoes in question on your feet. Have your parents drop you two miles from home and walk home at a brisk pace. Do this again the next day. If your feet hurt or are blistered, the shoes probably aren't a good choice for Youth Tour.

These shoes would be good choices for the most part. Sneakers and sandals should not be worn during our Hill visits.

